

**HEADACHE QUESTIONNAIRE**—Please check  next to what applies to your headaches. If unsure, place ?.

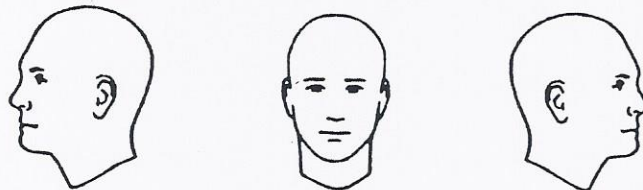
**PATIENT NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

**Headache:** Do you have a headache at this time? \_\_\_YES\_\_\_NO.

**Description of Headaches:**

Location of pain: right-sided unilateral \_\_\_\_\_, left-sided unilateral \_\_\_\_\_, bilateral \_\_\_\_\_, occipital(back) \_\_\_\_\_, apical (top) \_\_\_\_\_, temporal(side) \_\_\_\_\_, parietal \_\_\_\_\_, frontal \_\_\_\_\_, retro-orbital(behind eye) \_\_\_\_\_, upper face \_\_\_\_\_, lower face \_\_\_\_\_, TMJ \_\_\_\_\_, mastoid \_\_\_\_\_, nuchal(bottom neck) \_\_\_\_\_, anterior neck \_\_\_\_\_

Is the pain in another side of the head? Please mark below:



Radiation of pain: right-sided unilateral \_\_\_\_\_, left-sided unilateral \_\_\_\_\_, bilateral \_\_\_\_\_, occipital(back) \_\_\_\_\_, apical(top) \_\_\_\_\_, temporal(side) \_\_\_\_\_, parietal \_\_\_\_\_, frontal \_\_\_\_\_, retro-orbital \_\_\_\_\_, upper face \_\_\_\_\_, lower face \_\_\_\_\_, TMJ \_\_\_\_\_, mastoid \_\_\_\_\_, nuchal(bottom neck) \_\_\_\_\_, anterior neck \_\_\_\_\_

Character of pain: aching \_\_\_\_\_, boring \_\_\_\_\_, burning \_\_\_\_\_, cramping \_\_\_\_\_, crushing \_\_\_\_\_, dull \_\_\_\_\_, numbing \_\_\_\_\_, pulsating \_\_\_\_\_, sharp \_\_\_\_\_, shooting \_\_\_\_\_, stabbing \_\_\_\_\_, throbbing \_\_\_\_\_, tight band \_\_\_\_\_ tingling \_\_\_\_\_

Severity of pain: (circle one) 1 2 3 4 5 6 7 8 9 10  
(1=very mild 3=mild 5=moderate 8=severe 10=worst headache ever)

Accompanying symptoms: nausea \_\_\_\_\_, vomiting \_\_\_\_\_, sonophobia(sound) \_\_\_\_\_, photophobia(lights) \_\_\_\_\_, scotomata(loss of vision) \_\_\_\_\_, photopsia(flashing lights) \_\_\_\_\_, diplopia(double vision) \_\_\_\_\_, hemianopsia (half loss vision) \_\_\_\_\_, paresthesias(tingling) \_\_\_\_\_, aphasia \_\_\_\_\_, mental status changes \_\_\_\_\_, decreased social functioning \_\_\_\_\_, vertigo \_\_\_\_\_, tinnitus \_\_\_\_\_, coordination impairment \_\_\_\_\_, neck stiffness \_\_\_\_\_, conjunctival injection(red eye) \_\_\_\_\_, lacrimation \_\_\_\_\_, nasal congestion \_\_\_\_\_, runny nose \_\_\_\_\_, facial sweating \_\_\_\_\_, eyelid droop(ptosis) \_\_\_\_\_, eyelid edema \_\_\_\_\_, weakness \_\_\_\_\_ (where?) \_\_\_\_\_

Prodromal symptoms (before headache): nausea \_\_\_\_\_, vomiting \_\_\_\_\_, sonophobia \_\_\_\_\_, photophobia \_\_\_\_\_, scotomata \_\_\_\_\_, photopsia \_\_\_\_\_, diplopia \_\_\_\_\_, hemianopsia \_\_\_\_\_, paresthesias \_\_\_\_\_, aphasia \_\_\_\_\_, mental status changes \_\_\_\_\_, decreased social functioning \_\_\_\_\_, vertigo \_\_\_\_\_, tinnitus \_\_\_\_\_, ataxia \_\_\_\_\_, neck stiffness \_\_\_\_\_, conjunctival injection \_\_\_\_\_, lacrimation \_\_\_\_\_, nasal congestion \_\_\_\_\_, rhinorrhea \_\_\_\_\_, facial sweating \_\_\_\_\_, ptosis \_\_\_\_\_, eyelid edema \_\_\_\_\_, Mood swings \_\_\_\_\_, cravings \_\_\_\_\_

Rapidity of onset: gradual \_\_\_\_\_, sudden \_\_\_\_\_, unknown \_\_\_\_\_

Typical duration of individual headache: (circle one) 1 2 <4h >4h 24h >24h other \_\_\_\_\_

Frequency of headaches? Daily \_\_\_\_\_, how many days per week? \_\_\_\_\_ Days/mo? \_\_\_\_\_ How many headache free days/mo \_\_\_\_\_

Are most headaches similar in presentation? YES \_\_\_\_\_ NO \_\_\_\_\_

Typical precipitants: stress \_\_\_\_\_, food \_\_\_\_\_ (MSG, nitrite-containing food, chocolate, coffee, cheese), medications \_\_\_\_\_, alcohol \_\_\_\_\_, tobacco \_\_\_\_\_, odors \_\_\_\_\_, caffeine withdrawal \_\_\_\_\_, change in sleep pattern \_\_\_\_\_, change in eating pattern \_\_\_\_\_, sexual activity \_\_\_\_\_, coughing \_\_\_\_\_, sneezing \_\_\_\_\_,

laughing\_\_\_\_, straining at stool\_\_\_\_, bending over\_\_\_\_, menses\_\_\_\_, working in front of CRT screen\_\_\_\_,  
work:\_\_\_\_, hobby activity: \_\_\_\_\_ High blood pressure\_\_\_\_

**Temporal Pattern of Headaches:**

Started having HA's: \_\_\_\_\_ (months, years) ago. At Age of: \_\_\_\_\_

Worst time of day: \_\_\_\_\_ (morning, afternoon, night, weekends)

Awaken from sleep?: YES\_\_\_\_ NO\_\_\_\_

Seasonal pattern?: YES\_\_\_\_ NO\_\_\_\_

'Clustering' of HA's over time? YES\_\_\_\_ NO\_\_\_\_

Overall pattern since problem began: BETTER\_\_\_\_ SAME\_\_\_\_ WORSENING\_\_\_\_ More frequent\_\_\_\_  
More severe\_\_\_\_

**Degree of Functional Impairment:** Continue to work\_\_\_\_ Unable to work\_\_\_\_ Other\_\_\_\_

**Current Use of Meds to Treat HA:**

Abortive meds? Acetaminophen\_\_\_\_, NSAIDs (Motrin, Advil, Aleve)\_\_\_\_,  
aspirin/acetaminophen/caffeine\_\_\_\_, ergotamine tartrate PO\_\_\_\_, ergotamine tartrate PR\_\_\_\_,  
dihydroergotamine intranasal\_\_\_\_, sumatriptan (Imitrex) SQ\_\_\_\_, sumatriptan PO\_\_\_\_, sumatriptan  
intranasal\_\_\_\_, zolmitriptan(Zomig)\_\_\_\_, Naratriptan(Amerge)\_\_\_\_,  
isometheptene/dichlorphenazone/acetaminophen(Midrin)\_\_\_\_, butalbital/caffeine/aspirin(Fiorinal)\_\_\_\_,  
butalbital/caffeine/acetaminophen(Fioricet, Esgic)\_\_\_\_, inhaled oxygen\_\_\_\_, beta-blockers\_\_\_\_, calcium-  
channel blockers\_\_\_\_, opiates(Vicodin, Norco, etc)\_\_\_\_

Daily use? YES\_\_\_\_ NO\_\_\_\_

Prophylactic meds? beta-blockers (Inderal, propranolol, nadolol)\_\_\_\_, calcium-channel blockers (verapamil,  
Calan)\_\_\_\_, antidepressants\_\_\_\_, riboflavin 400mg QD\_\_\_\_, valproic acid\_\_\_\_, phenelzine\_\_\_\_,  
cyproheptadine\_\_\_\_, prednisone\_\_\_\_, lithium carbonate\_\_\_\_, NSAIDs\_\_\_\_ TCA(Elavil, pamelor,  
amitriptyline, nortrilptyline)\_\_\_\_ topamax\_\_\_\_ lamictal/lamotrigine\_\_\_\_ zonegran/zonisamide\_\_\_\_

**Additional Relevant History:**

History of head/neck trauma? YES\_\_\_\_ NO\_\_\_\_

History of head/neck surgery? YES\_\_\_\_ NO\_\_\_\_

Family h/o headache problems? YES\_\_\_\_ (who? \_\_\_\_\_) NO\_\_\_\_

Use of meds that might worsen HA's? (nitrates, exogenous estrogens, Nifedipine) YES\_\_\_\_ NO\_\_\_\_

Exposure to carbon monoxide? YES\_\_\_\_ NO\_\_\_\_

Substance use: YES\_\_\_\_ NO\_\_\_\_ What substance? \_\_\_\_\_

Anything makes headaches better? \_\_\_\_\_

Anything makes headaches worse? \_\_\_\_\_

Describe any stressors over the past year? (separation, divorce, job changes, moves, death in the family, or poor grades) \_\_\_\_\_

Who has treated your headaches and When were they treated? \_\_\_\_\_

What tests were done? CT\_\_\_\_ MRI\_\_\_\_ MRA\_\_\_\_ Spinal tap\_\_\_\_ Eye exam\_\_\_\_ Dental Exam\_\_\_\_  
Blood tests\_\_\_\_ Allergy tests\_\_\_\_